

Drug Abuse and Addiction Test – Modified CAGE Screen

	No (0)	Yes (1)
1. Have you ever thought you should <u>C</u> ut down on your drinking or drug use?		
2. Have you ever felt <u>A</u> nnoyed when people have commented on your drinking or drug use?		
3. Have you ever felt <u>G</u> uilty or badly about your drinking or drug use?		
4. Have you ever used drugs or alcohol first thing in the morning to <u>E</u> ase your withdrawal symptoms?		

This is a modified version of the alcohol abuse CAGE test adapted for drug abuse screening.

Your Score:

If you scored 1, there is a 75% chance you are addicted to drugs or alcohol.

If you scored 2, there is an 85% chance you are addicted to drugs or alcohol.

If you scored 3, there is a 95% chance you are addicted to drugs or alcohol.

If you scored 4, there is a 99% chance you are addicted to drugs or alcohol.

No single test is completely accurate. You should always consult your physician when making decisions about your health.

Reference

- Brown, R. L., & Rounds, L. A., Conjoint screening questionnaires for alcohol and other drug abuse: criterion validity in a primary care practice. *Wis Med J*, 1995. **94**(3): p. 135-40.

This document may be distributed without restrictions. Use with the guidance of a health professional.

Reference: "I Want to Change My Life" by Dr. S. Melemis. www.IWantToChangeMyLife.org